

## **WELCOME!**

The Belleville Dragon Boat Club is pleased to be hosting the return of their popular Dragon Boat Festival on Saturday August 26<sup>th</sup>, 2023. The Belleville Dragon Boat Club is pleased to be supporting **Campfire Circle** (formerly Camp Ooch & Camp Trillium)

We are looking forward to a great community event with crews from local organizations and businesses. This year we will be raising funds for **Campfire**Circle (formerly Camp Ooch & Camp Trillium)! https://campfirecircle.org/

So come on out, bring your family, friends and co-workers, and have a fun day at Victoria Park!

Please reach out to <a href="mailto:festival@bellevilledragonboatclub.com">festival@bellevilledragonboatclub.com</a> if you wish to sponsor a part of this amazing event!

Nancy Lewis

Commodore

Belleville Dragon Boat Club



Ashley Dykun

Manager, Corporate & Community Partnerships

Campfire Circle (formerly Camp Ooch & Camp Trillium)





### YOUR TEAM

#### **Team work**



Team work is everything in dragon boat racing. Synchronicity is more important than strength. A perfectly-synchronized team will almost always beat a stronger, but less coordinated team.

As an experience, dragon boat racing is rich in learning opportunities for any group. It brings together diverse players of different abilities and strength to achieve a common goal and offers corporate teams and groups a unique opportunity to explore group dynamics and increase productivity and effectiveness.

#### **Your Team**

A dragon boat team generally consists of 20 paddlers (not able to fill a boat with 20 people? Don't worry, Belleville Dragon Boat Club has seasoned paddlers who are eager to assist if you need additional paddlers) as well as a drummer at the bow. It is guided by a steersperson at the stern (a steersperson and a drummer will be provided for your team). Teams combine power and rhythm to achieve maximum acceleration and speed over a specified distance.

Our races are recreational, and many of our paddlers are trying dragon boat racing for the first time. Two (2) practices for each team will be provided in the weeks prior to the races, so you will have a chance to get your team ready to go.

Community crews are expected to participate in **TWO** practice times which will be scheduled when registration is received by the club.

For more information, please contact the Belleville Dragon Boat Club at:

festival@bellevilledragonboatclub.com

# Join Our Dragon Boat Challenge

#### **ADULT CREW**

Adult crew ages 16 years of age and up.

#### **TEAM CAPTAINS**

- Expected to attend Captain's Meeting the morning of festival.
- Organize a team of 20 paddlers plus alternates. BDBC will provide spares if your team cannot fill the dragon boat.
- Collect and submit all forms.
- Collect the registration fee and submit via e-transfer to: <u>treasurer@bellevilledragonboatclub.com</u>
- Submit registration form to Belleville Dragon Boat Club via email to <u>festival@bellevilledragonboatclub.com</u> or mail to 41 Craig Street, Belleville K8P 2J9.
- Ensure all team members are aware of the rules and regulations and have read and signed waivers.
- Provide a team name and description prior to race day to festival@bellevilledragonboatclub.com





#### RACE DISTANCE

All races will be approximately 250 metres.

#### **EQUIPMENT SUPPLIED**

- Paddles, boats and Ministry of Transport and/or Canadian Coast Guard approved personal floatation devices.
- Steerspeople will be provided.

Races will be held rain or shine! Come prepared for the weather!

# Thank you for helping make a difference in our community by supporting

Campfire Circle (formerly Camp Ooch & Camp Trillium)

See you there!!!



## **2023 Team Registration Form**

Team Informati	on		
Team Name:			Company Name:
Captain's Name:			City:
Phone Number:			Email: (mandatory)
PAYMENT INFORMATION (registration fees)			
Adult Crew	(\$700)		
Balance Owing:			



#### PROUD SUPPORTER OF



Please e-transfer to: <a href="mailto:treasurer@bellevilledragonboatclub.com">treasurer@bellevilledragonboatclub.com</a> or make cheque payable to: Belleville Dragon Boat Club and mail to: 41 Craig Street, Belleville K8P 2J9